

Access Care — Canada

Please note – the information in this document is intended for informational purposes only to support you in your service of your clients. There is no quiz associated with this resource material, and this information does not count toward your CPCA Designation educational requirement.

Provincial and Territorial Care Sheets

Current public information for accessing publicly funded home, community and residential care. Each jurisdiction should be confirmed at the time of use because programs and rates change.

PROVINCE: British Columbia

Gatekeeper: British Columbia's publicly subsidized home and community care system is delivered through five regional health authorities: Fraser Health, Interior Health, Island Health, Northern Health and Vancouver Coastal Health.

Access: Contact the Home and Community Care office for the health authority serving the person's community. A physician, nurse, pharmacist, social worker or other health professional can also make a referral. A health authority assessor reviews needs, available supports, service options and any client charges.

Eligibility: General eligibility for publicly subsidized home and community care usually includes being a Canadian citizen or permanent resident (or holding an applicable temporary permit), having lived in B.C. for at least three months, being 19 or older, and having an assessed care need. Some services allow exceptions to age or residency rules. Service-specific criteria also apply.

Services Available: Community nursing and rehabilitation, home support, adult day services, assisted living, family care homes, respite/short-stay services, palliative/end-of-life care and long-term care.

Home Care: Home support can provide personal assistance and caregiver respite after a clinical assessment. Publicly subsidized home support may carry an income-based daily client rate. The current formula uses "remaining annual income"; hardship reductions may be available. Some recipients of specified income benefits are not charged the daily rate.

Long-Term Care: Publicly subsidized long-term care is intended for people with significant, continuing care needs who can no longer be safely supported at home or in another community setting. Eligibility is assessed by the health authority and generally includes a need for 24-hour professional nursing and/or supervision, or other significant care and safety needs.

Costs: For publicly subsidized long-term care, the monthly client rate is generally up to 80% of after-tax income, subject to a provincial minimum and maximum. The minimum and maximum are adjusted periodically. Home support charges use a separate income-based formula. A temporary rate reduction may be requested when an assessed rate would cause serious financial hardship.

Contacts: Start with the local health authority's Home and Community Care office. HealthLink BC can also provide health information by calling 8-1-1.

Official Sources:

- [How to Arrange for Care — Province of British Columbia](#)
- [Eligibility for Home and Community Care — Province of British Columbia](#)
- [Home Support — Province of British Columbia](#)
- [Long-Term Care Services — Province of British Columbia](#)

Verified August 10, 2026. Programs, fees, eligibility rules and contact details can change. Confirm current information with the provincial or territorial authority before making care, placement or financial decisions.

PROVINCE: Alberta

Gatekeeper: Alberta Health Services (AHS) coordinates access to publicly funded home and community care and continuing care homes. Alberta's current continuing care framework uses Type A, Type B and Type C continuing care home categories.

Access: Anyone can start an inquiry. Call Health Link at 8-1-1, or call the AHS Continuing Care Access Line at 1-855-371-4122 for Home Care. A case manager and health professional assess unmet care needs and discuss the setting and services that may be appropriate.

Eligibility: A person living in Alberta with a valid Alberta health care card (or registration in progress) may receive continuing care when assessed care needs can be safely met through the service being requested. Placement in a continuing care home is based on an individual assessment.

Services Available: Home and community care, respite, rehabilitation, palliative/end-of-life care, community programs and continuing care homes. Type A homes serve people with more complex medical and nursing needs; Type B homes serve people who need varying levels of health and personal care support; Type C homes are publicly funded hospice settings.

Home Care: Home Care supports people of all ages who need medical or personal support while living at home, in a lodge or other community setting. Services may include nursing, rehabilitation, personal care, respite, palliative care and short-term equipment loans. Publicly funded health and personal care services are based on assessed need; some non-health supports or supplies may carry costs.

Long-Term Care: AHS determines access to publicly funded continuing care home spaces after assessment. Type A and Type B homes provide 24-hour publicly funded health and personal care. Accommodation and hospitality costs are charged separately.

Costs: Maximum subsidized accommodation charges for Type A and Type B continuing care homes, effective April 1, 2026: shared room \$70.60/day; private room \$81.60/day; one-bedroom suite \$97.70/day for one resident (\$67.60 each for two); multi-bedroom suite \$112.45/day for one resident (\$74.90 each for two). Financial help may be available to qualifying low-income residents.

Contacts: Health Link: 8-1-1. AHS Continuing Care Access Line: 1-855-371-4122.

Official Sources:

- [How to Access Continuing Care — Alberta.ca](#)
- [Continuing Care Overview — Alberta.ca](#)
- [Resident Accommodation Charges — Alberta.ca](#)
- [Home Care — Alberta Health Services](#)

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PROVINCE: Saskatchewan

Gatekeeper: The Saskatchewan Health Authority (SHA) assesses and coordinates publicly funded Home Care and admission to special care homes (nursing homes).

Access: Contact the SHA Home Care service in the person's community. An assessor/care coordinator reviews functional ability, health, living situation, available supports and other factors. For special care home admission, the SHA completes the assessment and placement process.

Eligibility: Eligibility and the amount of service are based on assessed need. The assessment can consider functional ability, physical and mental health, living environment, informal supports, social relationships and other personal circumstances.

Services Available: Assessment, case management, nursing, personal care, homemaking, respite, home management, meal service, rehabilitation/therapy, adult day programs, convalescent care, palliative care and special care homes.

Home Care: Home Care helps people who need acute, end-of-life, rehabilitation, maintenance or longer-term support remain at home. Professional services such as nursing assessment/care coordination and therapy are provided without charge to Home Care clients. Some other services are billed based on income and the amount of service; a subsidy may be available.

Long-Term Care: Special care homes provide care when a person's needs can no longer be met in the community. Homes are operated by the SHA or by contracted providers. Respite, convalescent and palliative placements may also be available.

Costs: Special care home resident charges are income-based. Effective July 1, 2026, the standard resident charge is \$1,406 per month and the maximum is \$3,503 per month. The provincial income formula applies between the income thresholds. Additional charges may apply for medications, some supplies and personal items; a monthly personal-hygiene supply charge is also listed by the province.

Contacts: Contact the Saskatchewan Health Authority in the person's community. For questions about special care home resident charges, the provincial Income Assessment Operations Unit can be reached at 1-800-667-4884.

Official Sources:

- [Home Care — Government of Saskatchewan](#)
- [Special Care Homes — Government of Saskatchewan](#)

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PROVINCE: Manitoba

Gatekeeper: Manitoba's five regional health authorities (RHAs) have operational responsibility for Home Care: Interlake-Eastern RHA, Prairie Mountain Health, Winnipeg Regional Health Authority, Northern Health Region and Southern Health-Santé Sud.

Access: Contact the RHA serving the person's community. A Home Care case coordinator assesses needs, existing family/community supports and the services that may help the person remain safely at home. The same care-coordination process can support an application for a personal care home when community options are no longer sufficient.

Eligibility: Home Care serves eligible Manitobans of all ages based on assessed need. The assessment considers the need for health services or help with activities of daily living, the supports already available and whether the requested services can help the person remain safely in the community.

Services Available: Home Care, personal care and mobility support, respite, adult day programs, supplies/equipment where approved, supportive housing and personal care homes.

Home Care: RHA Home Care works with the person and family to create a service plan based on a professional assessment. The type, frequency and duration of services depend on assessed need and available family/community resources.

Long-Term Care: Personal care homes are intended for people who need 24-hour nursing and personal care that cannot be provided safely in the community. A case coordinator completes the assessment and helps with the application; eligibility is reviewed through the provincial/RHA assessment process.

Costs: Personal care home services are shared between the province and the resident. The resident pays an income-based daily residential charge. Effective August 1, 2026 to July 31, 2027, the minimum daily charge is \$44.40 and the maximum is \$107.40. Residents can apply for a reduced charge when eligible.

Contacts: Contact the local RHA Home Care office. Personal Care Home Residential Charges Unit: 204-786-7150; toll-free Manitoba Health information: 1-800-392-1207.

Official Sources:

- [Home Care — Province of Manitoba](#)
- [Personal Care Services and Charges — Province of Manitoba](#)
- [2026/27 Residential Charges Rate Table — Province of Manitoba](#)

Verified August 10, 2026. Programs, fees, eligibility rules and contact details can change. Confirm current information with the provincial or territorial authority before making care, placement or financial decisions.

PROVINCE: Ontario

Gatekeeper: Ontario Health atHome now provides or coordinates publicly funded home care and manages long-term care home placement. The former Local Health Integration Network (LHIN) wording in the older Care Sheet is obsolete.

Access: Call Ontario Health atHome at 1-833-515-1234. A care coordinator assesses needs, determines eligibility for publicly funded home care, develops a care plan and can assist with long-term care applications and placement.

Eligibility: Home and community care is available to people of all ages based on assessed need and program criteria. Long-term care applicants are assessed by Ontario Health atHome; typical criteria include being 18 or older, having valid Ontario health coverage, and having care needs that require substantial personal care, supervision and/or nursing that cannot be met safely through community services.

Services Available: Nursing, personal support, physiotherapy, occupational therapy, speech-language pathology, social work, nutrition services, caregiver supports, palliative/end-of-life care, community supports and long-term care placement.

Home Care: If a person qualifies, Ontario pays for the home care services included in the approved plan. Some community support services may carry a co-payment. Ontario Health atHome reassesses needs when circumstances change.

Long-Term Care: All applications and admissions to long-term care homes are arranged through Ontario Health atHome. A placement coordinator helps with eligibility, home choices, waiting lists and admission.

Costs: Maximum long-term care co-payments effective July 1, 2026: basic \$70.00/day (\$2,129.17/month); semi-private \$84.40/day (\$2,567.17/month); private \$100.01/day (\$3,041.97/month); short-stay \$45.31/day. The Long-Term Care Rate Reduction Program can reduce the basic accommodation charge for eligible lower-income residents.

Contacts: Ontario Health atHome: 1-833-515-1234. Health811: 8-1-1 for non-emergency health information.

Official Sources:

- [Home and Community Care — Ontario.ca](#)
- [Apply for Long-Term Care — Ontario.ca](#)
- [Paying for Long-Term Care — Ontario.ca](#)

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PROVINCE: Quebec

Gatekeeper: Local health and social services are coordinated through the CISSS/CIUSSS network. For home support, the practical first contact is the person's local CLSC (local community services centre).

Access: Contact the local CLSC for a home-support assessment or for help with loss-of-independence services. Info-Santé/Info-Social is available at 8-1-1. If a person is already in hospital, the hospital team can help arrange the next care setting.

Eligibility: Eligibility depends on an assessment of health, functional ability, safety, supports and the type of service required. Home-support hours and service arrangements are based on assessed need rather than age alone.

Services Available: Nursing and other professional services, psychosocial services, occupational therapy, physiotherapy, nutrition, personal care, home support, caregiver respite, equipment and residential services such as CHSLDs and other publicly coordinated resources.

Home Care: CLSCs assess eligibility for home-support services and plan the services to be provided. Since January 29, 2026, the former “chèque emploi-service” model is called the allocation autonomie à domicile (AAD). The AAD can be offered after a CLSC assessment when an individual arrangement for paid home support is appropriate.

Long-Term Care: Residential and long-term care centres (CHSLDs) provide temporary or permanent accommodation to adults whose loss of functional or psychosocial autonomy requires a residential care setting. Intermediate and family-type resources are also used for people whose support needs fit those settings.

Costs: For accommodation in a public facility, RAMQ currently lists maximum monthly room contributions of \$2,242.20 for an individual room, \$1,872.90 for a two-bed room and \$1,395.30 for a room with three or more beds. These amounts are indexed annually. A person who cannot afford the assessed contribution can request a reduction based on ability to pay.

Contacts: Local CLSC; Info-Santé/Info-Social: 8-1-1. Services Québec can also direct residents to provincial programs and services.

Official Sources:

- [Programs and Services for Seniors — Gouvernement du Québec, 2025 edition](#)
- [Home Support and Allocation autonomie à domicile — Gouvernement du Québec](#)
- [Accommodation in a Public Facility — RAMQ](#)

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PROVINCE: New Brunswick

Gatekeeper: The Department of Social Development coordinates the Long Term Care Program. Social Supports NB is the provincial entry point for information and applications for home support, special care homes, nursing homes and memory care homes.

Access: Apply through Social Supports NB or contact the Department of Social Development. The process includes both a functional assessment by a social worker and, when financial help is requested, a financial assessment.

Eligibility: Eligibility is based on assessed functional needs and the level of care required. Different settings serve different care levels: home support for assistance in the community; special care homes for people who do not require 24-hour nursing; nursing homes for people who require round-the-clock nursing and supervision; and memory care homes for people with more advanced dementia-related needs.

Services Available: Home support, personal care, housekeeping, meal preparation, caregiver relief, special care homes, nursing homes, memory care homes and other community supports.

Home Care: Home support can assist with personal care, housekeeping, meals and relief for care partners. These services are not insured under Medicare. A social worker assesses what support is required and whether financial assistance may apply.

Long-Term Care: The Department of Social Development assesses and authorizes access to publicly supported long-term care services. Current provincial information asks applicants to complete both functional and financial steps, then identify preferred homes when residential care is required.

Costs: For financial assistance, Social Development considers income and the cost of the required service. Current provincial guidance states that the financial assessment does not consider assets such as a home or other property. Because New Brunswick changed long-term care affordability measures in 2026, older fixed-dollar maximums should not be used; confirm the person's current assessed contribution through Social Development.

Contacts: Department of Social Development: 506-453-2001. For information about help paying for long-term care: 1-833-733-7835. 2-1-1 can also connect residents with social and community services.

Official Sources:

- [Types of Long-Term Care — Government of New Brunswick](#)
- [Applying for the Long Term Care Program — Government of New Brunswick](#)
- [Stronger Care for Seniors — 2026 Long-Term Care Plan](#)

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PROVINCE: Nova Scotia

Gatekeeper: Nova Scotia Health Continuing Care is the public entry point for Home Care and long-term care assessment and placement. Provincial policy and program oversight also involve the Department of Seniors and Long-Term Care.

Access: Call Continuing Care at 1-800-225-7225. The line operates from 8:30 a.m. to 4:30 p.m., seven days a week. A Care Coordinator can arrange an assessment for Home Care or long-term care and discuss other community options.

Eligibility: Eligibility is determined through an assessment of the person's needs and circumstances. Home Care is available to Nova Scotians who need help with care in the home or community. Entry to a nursing home or residential care facility requires a Care Coordinator assessment showing that level of care is required.

Services Available: Home Care nursing, home support, respite and palliative care; long-term care in nursing homes or residential care facilities; caregiver supports; home oxygen; adult protection; equipment and other Continuing Care programs.

Home Care: Home support can include personal care, respite and household tasks. Nursing can include wound care, catheter care, IV therapy and palliative care. Nursing services are publicly funded; fees may apply to some home support services, and the Care Coordinator explains any client charges.

Long-Term Care: Nursing homes and residential care facilities are available when needs cannot be safely met at home or in the community. Application and placement are coordinated through Continuing Care after assessment.

Costs: Long-term care costs are shared: the province pays health care costs, while residents pay accommodation and personal expenses. Standard accommodation charges are set annually. Residents who cannot pay the standard charge can request an income-based financial assessment for a reduced rate.

Contacts: Continuing Care: 1-800-225-7225. For unresolved Home Care policy feedback after working through the service provider and Nova Scotia Health, the Department of Seniors and Long-Term Care lists seniors@novascotia.ca.

Official Sources:

- [Continuing Care — Nova Scotia](#)
- [Home Care — Nova Scotia](#)
- [Long Term Care — Nova Scotia](#)

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PROVINCE: Prince Edward Island

Gatekeeper: Health PEI's Home Care Program is the main assessment route for publicly funded home care and for long-term care admission.

Access: A referral to Home Care can be made by the person, family, care provider or family doctor. The local Home Care office completes an assessment and decides what services are appropriate. Home Care also assesses eligibility for long-term care when a person can no longer be supported safely at home.

Eligibility: Home Care is based on assessed acute, chronic, palliative or rehabilitative needs. Long-term care is for people who require a high level of nursing and personal care that cannot be provided safely at home or through other supports. Current provincial guidance does not use the older blanket "age 60+" rule as the primary public eligibility statement.

Services Available: Nursing, home support, palliative care, social work, dietitian services, physiotherapy, occupational therapy, adult protection, adult day programs and long-term care assessment.

Home Care: Home Care can support people who need help remaining safely at home, recovering after hospital care or managing ongoing health needs. Services are provided for a defined period based on assessed need.

Long-Term Care: Health PEI assesses need and eligibility for long-term care. Care is provided in public and licensed private nursing facilities across the province.

Costs: The current accommodation rate for public long-term care and subsidized residents in long-term care homes is \$116.96 per day; private-home rates can differ. Under the Long-Term Care Subsidy Program, a resident with net annual income below \$44,250.40 may qualify for assistance. The subsidy is income-based and does not count assets such as a home or property.

Contacts: Home Care offices: Souris 902-687-7096; Montague 902-838-0786; Charlottetown 902-368-4790; Summerside 902-888-8440; O'Leary 902-859-8730. Long-Term Care Subsidy Program: 902-218-3891.

Official Sources:

- [Home Care Program — Government of Prince Edward Island](#)
- [Long-Term Care — Government of Prince Edward Island](#)
- [Long-Term Care Subsidy Program — Government of Prince Edward Island](#)

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PROVINCE: Newfoundland and Labrador

Gatekeeper: Newfoundland and Labrador Health Services (NL Health Services) now delivers and coordinates home support, personal care home and long-term care services through five service zones. The older four-regional-health-authority structure is no longer the correct access model.

Access: Contact NL Health Services for the person's zone. A health professional completes a clinical assessment covering daily functioning, health, safety and existing supports. A financial assessment can be requested to determine any subsidy and the person's contribution.

Eligibility: Home Support is available to seniors age 65+ with a care need, adults and children with disabilities, people receiving end-of-life care and people recovering at home after a hospital stay. Long-term care is for people who require 24-hour nursing care and supervision and whose needs cannot be met in another setting.

Services Available: Home support, personal care, homemaking, respite, behavioural support, self-managed care, paid family caregiving (excluding spouses), agency-managed care, personal care homes, therapeutic/professional services and long-term care.

Home Care: The Home Support Program helps people remain safely at home with non-professional assistance for personal care, household tasks and respite. Services may be delivered through self-managed care, paid family caregiving or an approved agency, depending on assessment and program criteria.

Long-Term Care: Long-term care homes provide 24-hour nursing and supervision, help with activities of daily living, medical and therapeutic services, meals, housekeeping, recreation and palliative/end-of-life care. NL Health Services completes the admission assessment.

Costs: A requested financial assessment is based on annual income. Current provincial guidance states that savings, property and other assets are not included in that assessment. Public subsidy and client contribution depend on the person's income and approved service plan; confirm the current amount with NL Health Services rather than using the older May 2020 maximum.

Contacts: Eastern Urban 709-752-4835; Eastern Rural 709-786-5217; Central 1-833-210-8491; Western 1-866-566-3787; Labrador-Grenfell 1-833-284-4751.

Official Sources:

- [How to Apply — Government of Newfoundland and Labrador](#)
- [Home Support Program — Government of Newfoundland and Labrador](#)
- [Long Term Care Services — Government of Newfoundland and Labrador](#)

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TERRITORY: Yukon

Gatekeeper: Government of Yukon, Health and Social Services — Continuing Care. Home Care and long-term care use Continuing Care assessment processes.

Access: People may refer themselves to Home Care or have someone call on their behalf. Home Care staff complete a referral by phone and arrange an assessment. Whitehorse Home Care: 867-667-5774; toll-free in Yukon: 1-877-667-5774. Community-specific numbers are also available on Yukon.ca.

Eligibility: Home Care is available to Yukoners of all ages who have an assessed need and who have, or have applied for, the Yukon Health Care Insurance Plan. Long-term care has additional residency criteria: the person must be legally allowed to live in Canada and generally have lived in Yukon for 12 consecutive months, or have 10 consecutive years of lifetime Yukon residence without an absence longer than 10 consecutive years.

Services Available: Home Care acute, chronic, palliative, rehabilitation and respite services; care coordination; nursing; home support; social work; occupational therapy; physiotherapy; speech-language pathology; community day programs; and long-term care.

Home Care: Services in Whitehorse include care coordination, social work, home support, occupational therapy, physiotherapy, nursing and speech-language pathology. Community services include care coordination, home support, community nursing and regional therapies.

Long-Term Care: Yukon currently lists four long-term care homes: Copper Ridge Place, Thomson Centre and Whistle Bend Place in Whitehorse, and Alexander McDonald Lodge in Dawson City. Admission is based on assessment and eligibility.

Costs: For eligible long-term care residents, room and board is \$1,217 per month, or \$40 per day for a stay shorter than one month. The current non-eligible resident charge is \$509 per day until the person meets the 12-month residency requirement. Personal items and some services are extra.

Contacts: Home Care/Continuing Care: 867-667-5774; toll-free in Yukon: 1-877-667-5774.

Official Sources:

- [Home Care Program — Yukon.ca](#)
- [Long-Term Care in Yukon — Yukon.ca](#)

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TERRITORY: Northwest Territories

Gatekeeper: Government of the Northwest Territories, Department of Health and Social Services. Home and Community Care and long-term care are delivered through the Health and Social Services Authorities.

Access: Contact the local Health and Social Services Authority Home Care Program or Community Health Centre. Professional staff assess needs and help complete an application. Long-term care applications include nursing, medical and functional assessments and are reviewed by the Territorial Admissions Committee.

Eligibility: Home and Community Care requires a valid NWT Health Care Card and an assessment showing needs that are best met by Home Care. Long-term care is for residents whose assessed needs cannot be safely and adequately met in the home or community.

Services Available: Home support, bathing and meal help, nursing, medication assistance, palliative care, equipment loans, respite, supported living and long-term care.

Home Care: Home and Community Care helps people of all ages remain in their homes when they need nursing or support with personal care and daily activities because of age, disability, injury or illness. The territory issued new Home and Community Care Standards in 2026.

Long-Term Care: After the application and assessments are completed, the Territorial Admissions Committee reviews eligibility. Eligible applicants are placed on a territorial wait list and a bed is offered based on care priority and availability.

Costs: Long-term care room and board is \$1,021 per month, effective May 1, 2026. Facilities may charge additional fees for certain personal services, supplies or medications not covered by benefits. If the person cannot afford the room-and-board amount, Income Assistance may be available following an assessment.

Contacts: Start with the local Home Care Program or Community Health Centre. Territorial Health and Social Services information is available through hss.gov.nt.ca.

Official Sources:

- [Home and Community Care — Government of the Northwest Territories](#)
- [Long Term Care — Government of the Northwest Territories](#)
- [2026 Home and Community Care Standards — Government of the Northwest Territories](#)

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TERRITORY: Nunavut

Gatekeeper: Government of Nunavut, Department of Health. Home and community care, elder care and residential placement are coordinated through territorial and regional health services.

Access: For a person who may need help at home or residential care, start with the local community health centre or local Home and Community Care team. For general Department of Health information, contact the Government of Nunavut Health department. Because Nunavut's care capacity and contracted placement arrangements are changing, confirm the current regional pathway before advising a client.

Eligibility: The previous Care Sheet listed detailed age and care-level rules that could not be confirmed on a current, consolidated public consumer page. For the updated sheet, eligibility should be described as assessment-based and confirmed directly with the local health team or Department of Health for the specific service requested.

Services Available: Home and community care, personal support, nursing, respite, rehabilitation and palliative support, together with elder homes and higher-level residential care. Current territorial planning continues to expand care closer to home.

Home Care: The February 2025 Aging With Dignity progress report describes work to expand and improve Home Care, strengthen staff training and review the program. It also reports palliative-care support as available in all communities. Service availability can vary by community, so the local health centre remains the practical starting point.

Long-Term Care: Nunavut's residential elder-care system is being expanded and reconfigured. The 2025 territorial progress report records recent construction and planning activity in the Kivalliq, Kitikmeot and Qikiqtaaluk regions, along with continued use of contracted care arrangements. Older 2017 bed counts and 2022/2023 projected opening dates in the original sheet should not be used.

Costs: A current, consolidated public schedule of Home Care and long-term residential client charges was not located during this review. Confirm current charges, eligibility and any out-of-territory placement arrangements with the local health team or Department of Health before giving financial guidance.

Contacts: Government of Nunavut, Department of Health general line: 867-975-5700. For service access, contact the person's local community health centre.

Official Sources:

- [Department of Health — Government of Nunavut](#)
- [Aging With Dignity: Elders and Seniors Strategy — February 2025 Progress Report](#)

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