

## **PROVINCE: NEWFOUNDLAND**

**Gatekeeper:** Department of Health and Community Services - [https://www.health.gov.nl.ca/health/long\\_term\\_care/index.html](https://www.health.gov.nl.ca/health/long_term_care/index.html)

**Access:** There are four Regional Health Authorities - Eastern, Central, Western, Labrador-Grenfell. Contact the appropriate RHA.

**Eligibility:** An assessment is conducted by staff of the regional health authority including admission to a long-term care bed.

**Services Available:** The long-term care and community support services system provides services to seniors, adults and children with disabilities, and individuals requiring professional services while at home or following hospitalization. It includes services provided in the home, residential options, personal care homes and long-term care facilities.

**Home care:** Home support services include the provision of personal and behavioural supports, household management and respite at the minimum level to maintain individual independence. Home support services are intended to supplement, not replace, service provided by the individual family and/or support network. Services are non-professional in nature and are delivered by an approved home support agency or by a home support worker hired by the individual or family.

**Costs:** Home support services may be either purchased privately by an individual or subsidized from public funds to a maximum financial ceiling. Referral for publicly funded home support service is through the Regional Health Authority and can be initiated by anyone, including the individual who is requiring service. To be eligible for a financial subsidy, the individual must undergo a functional and financial assessment by professional staff from the regional health authority.

**Long-Term Care Facilities & Personal Care Homes:** Long Term Care Services are delivered in both long-term care facilities and in some hospital/health centres with combined long term and acute care services across Newfoundland & Labrador. All facilities provide 24 hour nursing care plus varying degrees of medical, rehabilitative, social work, pastoral care, dietetic, pharmaceutical, palliative care, respite and recreation programs. Some facilities maintain

specialized programs and units for groups with special needs (i.e. Alzheimer disease).

**Costs:** The maximum an individual will be charged to live in a long-term care facility is \$2,990 per month (as of May 2020). A financial assessment, based on net income, is completed to determine if and how much the individual must pay. All individuals approved for a financial subsidy will retain a minimum of \$150 per month from their monthly income for personal use.