TERRITORY: NORTHWEST TERRITORIES

Gatekeeper: Department of Health and Social Services, Seniors and Continuing Care Services - https://www.hss.gov.nt.ca/en/services/continuing-care-services/long-term-care

Access: Contact the local Health and Social Services Authority Home Care Program or Community Health Centre. Professional staff will help clients with assessments and completing applications.

Eligibility: You can receive Home Care services if you have a valid NWT Health Care Card and have been assessed and found to have needs best met by Home Care or if assessed care needs are beyond what can be safely and adequately provided in the home or community setting, residents are eligible for Long Term Care placement. The Long-Term Care and Supported Living application includes a comprehensive nursing, medical and functional assessment of the person's care needs to determine eligibility. Once completed, the application is submitted to the <u>Territorial Admissions Committee</u> for review.

Home & Community Care: Home and Community Care Services provide individuals with nursing care and support for personal care and daily living activities when they are no longer able to perform these activities on their own. Services available include:

- Home support for bathing and making meals;
- Nursing services for wound care and health checks;
- Help with organizing and taking medications;
- Palliative care for those who are dying and want to be at home;
- Loan of equipment, such as bathroom equipment or a walker; and
- Respite care to help out in the home, so caregivers can get a break.

Long-Term Care: Long Term Care in the NWT is provided by the Regional Health and Social Services Authorities. There are nine Long Term Care Facilities in the NWT.

Costs: Long Term Care room and board rates are currently set at \$824.00 per month, effective May 1, 2019. Residents may be charged additional fees for personal services. If an applicant is unable to afford the monthly cost of Long Term Care, the applicant or their family may apply to their local <u>ECE Service</u> <u>Center</u> to have a Client Services Officer complete an assessment of their eligibility for income assistance to help with the room and board fee payment.