

TERRITORY: NUNAVUT

Gatekeeper: Department of Health - <https://gov.nu.ca/health/information/home-and-continuing-care>

Access: Community health centre or local home care office. Requests for services will be assessed by a health professional to determine the level of support needed and what services are most appropriate. Decisions on admissions to continuing care centres; or to a residential long-term care facility located outside of Nunavut are made collaboratively with the client and/or their family/guardian; the regional care team; and the Department of Health's Territorial Continuing Care Coordinator, in accordance with the Prioritization Criteria for Admission of Nunavummiut to Long-term Care Residents to Facilities

Eligibility: All Nunavummiut enrolled in the Nunavut Health Care Plan are eligible for referral to the Home and Community Care program. Long-Term Care eligibility is restricted to Nunavummiut (age 55 and older) holding a valid Nunavut Health Care Card who have been formally assessed as requiring Level 4 to Level 5 care by representatives of the Department of Health.

Home & Community Care: The Home and Community Care (HCC) program helps Nunavummiut maintain independence and well-being with help from family and community members. Health care and support services are based on an in-home assessment and include: house cleaning and assisting with meals and/or groceries, Personal care - bathing and dressing, Nursing care - injections and bandage changing, Respite care - relief for family members and Rehabilitation - recovery exercises.

Elder Homes: There are two Elders Homes (Arviat and Iqaluit) with eight-bed capacity each that are designated to provide Level 2 or 3 assisted-living residential care for seniors in Nunavut.

Long-Term Care: Residential long-term care services for Nunavummiut who have complex care needs, require Level 4 or 5 care and can no longer be supported in their own homes or assisted living residential facilities. There are three Continuing Care centres (Cambridge Bay; Igloolik; Gjoa Haven) with a total of 28 beds combined and a renovated residential long-term care unit in the Kitikmeot Regional Health Centre. Nunavummiut with more complex care needs, specifically with a dementia-related diagnosis, have been admitted at Embassy West Senior Living (EWSL) in Ottawa as the facility specializes in providing dementia care. Out of territory placements are always made in consultation with the elder's family or

legal guardian. Nunavut has struggled to care for its elders closer to home. Many are sent thousands of kilometres away to residential care facilities out of the territory. As of 2017 there were 27 long-term care beds in the territory, and no facilities for elders with dementia. Nunavut is moving closer to getting 156 new long-term care beds in the territory. New 24 bed facilities are planned for the Kitikmeot region by winter 2022, and for Kivalliq by winter 2023. There are also plans for one or two buildings in Iqaluit that will total 108 beds.

Costs: For more information, contact the Health Centre or Call the Territorial Home and Continuing Care Program at (867) 975-5776 or (867) 975-5709 or Email LTC@gov.nu.ca.