

## PROVINCE: ONTARIO

**Gatekeeper:** Ontario is divided into 14 Local Health Integration Networks (LHINs) that are responsible for publicly funded Community, Home and Long-Term Care services.

**Access:** Contact your local LHIN to arrange an assessment for either home, community or Long-Term Care needs. A case worker will be assigned to work with you to develop an appropriate plan of care.

### Services Available:

**Home Care:** Health Care Professionals, Personal Care, Homemaking, Family Managed Home Care, End of Life Care at Home

**Community Care:** Adult Day Programs, Transportation Services, Community Hospice Services, Residential Hospice Services, Exercise and Fall Prevention Classes

**Note:** You do not need a referral to use most Community Support Services. However, Local Health Integration Networks arrange all government-funded services. LHINs are responsible for deciding who receives care, the level of care you need and for how long. <https://www.ontario.ca/page/homecare-seniors>

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### Long Term Care:

**Eligibility:** 18 + years of age  
Valid Ontario Health Card  
Health care needs that cannot be met by home or community care  
Need 24 hour personal or nursing care  
Health care needs that can be met in a LTC home

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### Costs:

Accommodation rates are set by the Ministry of Health and Long-Term Care and are adjusted based on a formula linked to CPI. Current maximum monthly rates as of July 1, 2019 range from \$1,891.31 for basic accommodation to \$2,701.61 for private accommodation. Subsidies are available through the Long-Term Care Home Rate Reduction Program if a resident's income is insufficient to cover basic accommodation.

*Source: Ministry of Health and Long-Term Care*